

9842 Old Union Road Union, KY 41091 (859)384-7702



Sleeping Respiratory Rate Log

We would like you to monitor your pet's sleeping respiratory (breathing) rate so that together we can determine if your pet's heart disease is resulting in fluid buildup in his/her lungs (evidence of heart failure). By doing this we can identify when the heart failure is mild rather than waiting for your pet to develop overt evidence of labored/difficult breathing. Please call us if you have any questions.

How to calculate your pet's sleeping respiratory rate:

- 1. Your pet should be sound asleep in a cool (normal room temperature) place before counting. Make sure you do not count while your pet is dreaming
- 2. Count the number of times your pet's chest moves in and out (in and out together count as one breath). Count over the period of 1 minute using a clock or watch.
- 3. Record the number of breaths per minute in the SRR column (Sleeping Respiratory Rate)

For Dogs: Normal is less than 25. Call us if it is 30 or greater. Your pet needs to see a veterinarian ASAP if it is more than 50 breaths per min.

For Cats: Normal is less than 30-40. Call us if it is 40 or greater. Your pet needs to see a veterinarian ASAP if it is more than 50 breaths per min.

You can use this worksheet or the Heart2Heart app to record your results

Please monitor your pet's sleeping respiratory rate ______ times per day/week.

Date	SRR1	SRR2	SRR3	Comment

Date	SRR1	SSR2	SSR3	Comments